

Little Acts of Connection Challenge!

Your school is invited to take part in our 'Little Acts of Connection' Challenge!

Please support older adults in Liverpool and Sefton
this Loneliness Awareness Week (9-15 June).

Here's how you can take part:

- ♥ Write letters or create cards for care home residents,
- ♥ Host a "no one sits alone" campaign at lunch,
- ♥ Make posters or videos about loneliness and how to combat it,
- ♥ Hold a class discussion or assembly on empathy and connection,
- ♥ Fundraise with a dress-up day, bake sale, or sponsored silence.

Please share what you are doing - tag us on our social
media accounts @ageconcernliverpoolandsefton

To get involved or to donate:

Phone: 07774 751437

Email: julie.jackson@ageconcernliverpoolandsefton.org.uk



**Make a
Donation**